



Joondalup Mens Shed

Bench Press

JULY 2024

Editor Merv Pearce



Presidents Report

The first month of the new financial year has now been and gone. I am pleased to report that the shed continues to run smoothly and profitably with the assistance of a great many shedders making this shed a place where members are welcomed and share some common interests and goals.

Of course your membership fees are now due to be paid by the end of this month (July). If you have paid your dues by a bank transfer and require a receipt, please talk to our Treasurer Brian Hill and he will arrange. Receipts are NOT issued automatically and must be requested. Your membership must be paid in order for you to vote at the coming AGM on the 13th Aug. Nominations closed on Monday the 24th July and I am happy to advise that all sitting office bearers have nominated for re-election. Thanks very much to those members.

We had an accident this month with a member injuring his hand on the table saw (not the saw stop model) which required him to attend hospital and may need plastic surgery. Fortunately he has not lost any part of his hand. He acknowledges that the incident was caused by his own actions and no fault of the machinery malfunctioning. It would be

remiss of me not to take this opportunity to remind all shedders that some of the machinery can be very dangerous if not handled properly. I urge you all to remain diligent when using the equipment and adhere the standard safety operating procedures. Should you have any doubts about how to use the equipment safely, please talk to one of the supervisors and seek their assistance.

Whilst I am ranting about machinery, it astounds me that our shedders still manage to destroy the sandpaper on the drum sanders on a seemingly regular basis. As a result of the misuse, the drum sanders will NOT have the sandpaper replaced until the beginning of next month (August). Our supervisors also advise that the guides on the drop saws have been sawn/damaged, due to the incorrect use of the guides whilst cutting on an angle. We are in the process of arranging for replacement guides for those that are no longer usable. The really disappointing issue here is that the damage was NOT reported to the supervisors at the time. The problem here is that any damaged machinery NOT reported may be an accident waiting to happen to the next shedder who uses the tool, unaware that it is damaged. We ALL have an obligation to make sure our shed is a safe place to work on projects with any damage to machinery to be reported at the time it happens. Please think about your fellow shedders and do not rely on our supervisors to FIND the damage.

Mark Smith

NOTES FROM THE JULY COMMITTEE MEETING

1. **Shed Expansion:** The committee approved moving forward with architect concept drawings for the proposed shed expansion.
2. **Blue Tree:** Many thanks to the JMS members that developed and implemented the Blue Tree metal sculpture – for mental health awareness.
3. **Supervisor Authority:** As a committee we affirmed that supervisors have the right and authority to send any member or associate home that does not comply with proper shed work practice – no questions asked.
4. **Water Leaks:** Because of the recent shift in weather we have noticed over a dozen new leaks in the shed roof and (metal shed) rear door water build up and asked the Shire to follow-up (they have a work request in progress).
5. **Finances:** For the month of June we wound up with a “profit” of almost \$3200. An initial estimate of the fiscal year shows we had income of over \$132,000 and a surplus (aka profit) of over \$33,000. Thanks to all the members for their support and volunteering to raise additional funds over membership to cover operating expenses.
6. **Membership:** We are currently at 148 men and 31 women (associate) members.
7. **Security:** The committee approved getting additional security cameras for the Shed.
8. **Christmas Function:** We agreed to have the Christmas function at the North Shore Country Club. Graham will coordinate and update as details are locked in.
9. **Nominations:** Nominations have closed with only existing committee members nominated for the August 13 AGM

Rick Otero.

**The Annual General Meeting
Will be held on Tuesday 13th August
in the JMS social room
At 10.00am**

**Annual Membership Subscriptions are to be paid by
the end of July**

The Joondalup Men's Shed (JMS) is the local representative and a registered member of the West Australian Men's Shed Association.

The JMS Patron is Emily Hamilton MLA, Member for Joondalup (ALP)

**Our motto is short way of saying what JMS is all about:
"Blokes Building Better Communities!"**

We are all about fostering better overall health and well being for all men. This has an obvious beneficial ripple effect for our members' families, the wider community and the members themselves.

FUND RAISERS

Farmers Markets



KINGSWAY MARKETS
Saturday 3rd August

Sausage sizzles



Bunnings Joondalup
Saturday 17th August

Contact Gerry Clifford Mob. 0499 114 217 or speak to him at the shed.

Caring for our fellow Members

Should you hear about any of our fellow shedders being ill, experiencing the loss of a loved one or you haven't seen them at the shed for an extended period, please inform our Welfare Officer Chris Drury. He will make enquiries and visit if necessary and keep Shedders informed.

Chris Drury: chris.drury@sumphero.com



If paying a cashier a living wage will make prices go up.
Why doesn't replacing cashiers with Self Checkouts make prices go down?

MY WIFE ASKED ME WHY I SPOKE SO SOFTLY IN THE HOUSE.
I SAID I WAS AFRAID MARK ZUCKERBERG WAS LISTENING!
SHE LAUGHED.
I LAUGHED.
ALEXA LAUGHED.
SIRI LAUGHED.

June 2024 attendance statistics compiled by Ian Mc Callum

Period	Week Start	Week End	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		Weekly Total
Week 1	1/06/2024	2/06/2024	xxxx	xxxx	xxxx	xxxx	xxxx	0	0		
Week 2	3/06/2024	9/06/2024	0	40	35	44	31	0	0		150
Week 3	10/06/2024	16/06/2024	21	42	30	21	29	0	0	1 visitor	143
Week 4	17/06/2024	23/06/2024	31	46	29	27	21	0	0	3 visitors	154
Week 5	24/06/2024	30/06/2024	37	48	28	28	25	0	0	1 visitor	166
Total			89	176	122	120	106	0	0		
Working days	19 work days										
Weekly Average			29.66	44.00	30.5	30.9	26.5	0	0		613
Total for the Month											
	Men per day	32.26									

CLEAN UP AFTER YOU !!!



It appears that the message is just not getting through to some members ***TO CLEAN UP AFTER YOU USE A MACHINE.***

This was the state of the vertical sander early last Tuesday morning, obviously left in this condition from the Monday before.



August Birthday Celebrations



Arthur Eder
 David Garrett
 Norm Jones
 Andrew Blackmore
 David Merton
 Peter Nevill
 David Bethell
 Ross Letch
 Malcolm McLean
 Tad Yamamoto
 Herman Cheung
 Dave Parker
 David Browne
 Drew Stoney

Birthday greetings to you all

Welcome to new members

Drew Stoney, Phil Zillmann and Neil Shackle-Ford

Welcome to the shed gents,
 we hope that you enjoy the camaraderie with the members and take part in
 the activities and crafts that the Joondalup Men's Shed offers.

The total number of paid
 up ordinary members
 as at July 2024

148

The total number of paid up
 associate members
 as at July 2024

31

Shed Activities and Projects

The Truck

Bill Street and Shane Cluning working on the interior of the cab.



Picture Tom Burnett



Andrew Blackmore stripping the paint off the dingy.



This electric tricycle was assembled in the shed for a member of the public by Bill Street and Big Al.

Photo: Bill Street

THE LADIES PAGE



We have had two wood engraving workshops this month. The first was done by Basia Lamb. She is a very talented member who generously shares her knowledge and skill. We thoroughly enjoyed ourselves.



A huge thank you to Dennis for making the Palliative Care trolley for Bethanie Geneff. The staff wish to pass on their gratitude to you and JWS.



Bunnings also did a Dremel workshop for us which was well attended.



Our raffle raised \$240. Many thanks to all of you who donated and bought tickets. \$200 will go to Big Freeze (thanks Helen our treasurer) Remainder towards our Bethanie project.

Mel Forster

AMSA welcomes new Chairman, Luke Clifton



Shedders,

I'm delighted to introduce myself as the new Chair of the Australian Men's Shed Association, an organisation I am immensely proud to both be associated with and to serve.

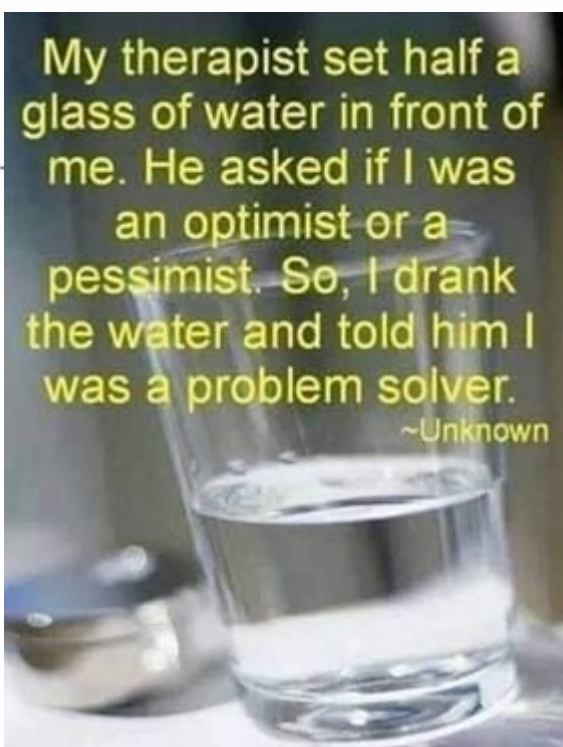
My passion for this great Australian movement started in a way that I'm sure is not unfamiliar. As a young boy, growing up in the NSW country town of Goulburn, I used to sit watching my dad tinker with things in his own garage on a weekend. He was a mechanic by trade and seemed to have an interest in (and knack for) fixing things. I watched as he tinkered, and I had endless questions on how all this stuff worked. I'm sure he went down to the garage for some peace and quiet too, which he didn't really get while I was there. But, I remember the conversations that we had not realising at the time how important they were. The Men's Shed movement takes these same timeless qualities to a grand scale, reaching thousands from coast to coast. Allowing members to not only use and share their life long learnt skills but also gifting comrades space to be together to share stories, shoulder to shoulder. What you do matters and it makes a difference to all those you share a shed with.

I must take a moment to acknowledge the exceptional leadership of our outgoing Chair, Paul Sladdin. His tireless dedication and vision have steered our organisation through significant growth and transformation over the past six years. We owe him a debt of gratitude for his unwavering commitment to community empowerment and inclusivity.

Since assuming my role on the board, I have been deeply moved by the outpouring of support and stories from individuals whose lives have been touched by the Men's Shed movement. It is with this heartfelt sentiment that I envision building upon Paul's legacy. Together with our executive team, I am committed to fostering AMSA's values and amplifying the impact of our collective efforts across the nation.

I eagerly anticipate the opportunity to connect with many of you in the coming months, to listen to your stories and experiences at the Shed. Your voices are integral to shaping the future of our organisation, and I am humbled and honoured to serve as your Chair.

Luke



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This page and the following three pages are excerpts from the Australian Men's Shed Association winter newsletter. I have picked out a few pieces that I thought may interest you. The newsletter is published quarterly. I hope you find them interesting.

Merv, Editor



2024 National Men's Shed Awards nominations open

AMSA's National Men's Shed Awards give the Men's Shed community an opportunity to recognise the outstanding work of Men's Sheds around Australia.



Supported by AMSA's major partner Fair Dinkum Builds, the National Men's Shed Awards look for Sheds and efforts of all sizes to celebrate the simple greatness of Men's Sheds from all over the country.

In 2024, the Awards fall under four categories:

- **Innovation:** a unique or unusual fundraising activity
- **Sustainability:** a unique or interesting recycling activity
- **Men's Health:** promoting men's health and wellbeing
- **Shed of the Year:** a Shed doing great things, inside and out

Award winners are announced alongside the recipient of the Ted Donnelly Lifetime Contribution Award at the AMSA National Gathering every two years.

The 2022 National Men's Shed Awards were announced at the 9th National Men's Shed Gathering in Albury NSW, recognising seven Men's Sheds across six categories.

Members of the Wodonga Men's Shed (VIC) attended the Gathering Gala Dinner to accept their award for 2022 Shed of the Year.

"The Shed of the Year award is not about shed size or membership numbers. This year we were

looking for (and found) a shed doing excellent things within the shed, as well as alongside community members and most exceptionally creating value for Men's Sheds across the country," said Mr Sladdin.

The Wodonga Men's Shed was established over 10 years ago and despite shared challenges over the last few years has continued to fundraise and support community groups and has retained almost 100 members – demonstrating resilience and adaptability.

The Shed is well respected in the community and enjoy excellent community support.

Recipients of the 2022 Shed Awards were also on hand for the presentation at the Gala Dinner, which was followed by entertainment from AMSA friend and host of the Association's podcast, The Shed Wireless, John Paul Young.

Nominations are now open for the 2024 National Men's Shed Awards.

For more information, download the information Sheet and Nomination Form from the mensshed.org/shed-community/shed-awards or call 1300 550 009.

Recipients will be announced at the 10th National Men's Shed Gathering *Shed Mates* Shedder's Dinner on Thursday 5 September 2024.

*Building Great Sheds,
shoulder to shoulder*



Tim Tours the Top End

AMSA's Shed Support SA/NT, Tim Kroehn, spent Men's Health Week touring sheds of the Northern Territory's top end. There was plenty to see and do, with lots of great new developments for sheds in the Northern Territory.



Dundee Men's Shed are in the early stages of becoming a fully-fledged shed. The location allows good access and development of social and trade skills to be used. The existing sheds are in use and the shedders are keen to improve on them.



Batchelor Community Shed has been in recess for a while but it only takes a keen shedder or two to get the spark to rekindle a reopening. We look forward to seeing new developments in Batchelor and the district to bring the community together for the good of all.



There are exciting times ahead for **Katherine Men's Shed**. The shedders are currently in plans for a new shed build—you can see the photo of the concrete chess board being the site to work with existing shed. The plan is to be using new shed by December 2024. This will create a space for a coffee and chat room bringing shedders together for their wellbeing and mateship.



Wagait Men's Shed are in the early stages of meeting together and becoming a shed. They're a very social group keen to involve the community men and the local council is keen to help and are currently working at building a shed for the community to use. Thanks Brian from Darwin Men's shed for joining me on this visit to share your experiences and thoughts to fellow shedders at Wagait. Watch this space!





Darwin Men's Shed has currently relocated to a smaller shed whilst a new shed build is underway – it's been a long time coming! The fellas are making the most of a tight situation with the shedders keen to continue meeting and creating for good wellbeing and health. We look forward to the new custom-built space!

Pensioners Workshop Inc is a space filled with learning. Was great to see men and women building relationships over morning tea and working with community groups to improve wellbeing and good mental health.



Palmerston Men's Shed is currently working in partnership with local council to build new toilet facilities to improve disabled access. A great place for sharing skills for better health, and blokes being blokes!

Thamarrurr/Wadeye Men's Shed is a hive of activity in the shed, socialising, wood work, painting and more. Shedders are keen to learn from Joe the shed supervisor to increase skills and knowledge especially using iron wood for traditional cultural products.

