



Joondalup Mens Shed Bench Press October 2024

Editor Merv Pearce



Presidents Report

Another month has come and gone. It seems to me the older I get the quicker time passes me by.

On a sad note Henry (Wally) Brandt passed on Sat 19/10. We will update you all with the funeral arrangements, for those that wish to attend, when to hand.

Can I ask all members to respect the use of the workbenches. If you have a job on the go and will NOT be attending the Shed for a few days, please remove your project from the bench to allow other members to make use of the space. Should you not follow this procedure your item/s will be removed from the bench for you. Thank you for your considerations on this topic.

Most of you will be aware that we are looking to extend the shed by a further 3m or so and we are looking to rework the Metal Shop area also.

Copies of the proposed plans are in the common room. We are asking for your comments regarding how we can best

use the additional space. If you would like to make a comment or add your thoughts please see Chris Drury or Rick Otero.

A reminder that we have a few DELL laptops in the computer room that are available for members to use whilst in the shed. They are NOT to be removed from the shed premises. I would also advise that two sets of cabling for these machines have disappeared and we have had to purchase replacements to keep them operable. Please do not remove anything from the shed that you do not own or have permission to remove.

In general terms the shed is running very well and in the black as far as finances are concerned. Thank you all for your ongoing support of our Shed.

Mark Smith



NOTES FROM THE OCTOBER COMMITTEE MEETING

Rick Otero

1. The committee agreed to look at purchasing an additional SawStop and Carbatec is due to provide a quote for grant submission.
2. New registration forms have been sent to the Australian Business Register by Brian.
3. The Dodge Truck seal acquittal (for the grant) has been submitted so we can get back \$1937.
4. We are still looking for an assistant treasurer – All
5. Shed Expansion Next Steps:
 - A. Create a new detailed technical drawing to support grant quality estimate.
 - B. Additions:
 1. Windows and Bi-fold doors for the social room.
 2. Use of existing roller doors down to the Dust Extractor.
 3. Use of existing roof line to the paint booth.
 4. Industrial shed quality expansion of the welding shed with 1 metre boundary setback.
 5. Removal of concrete pad storage booths.
 6. Consider and awning wherever possible.
 - C. Next meeting will be onsite with the Architect and Mike Gull from the Shire to develop estimate quality drawings for use in late Nov grant submissions. Shire may ask to + 50% escalation for growing building costs.
6. Xmas function for the shed – Thursday December 5th at North Shore Country Club.
7. We have a new Camera which will be installed in the Lathe Walkway area
8. The Shed Whirlybirds are to be removed due to water leaks (poor design).
9. We completed purchase of two additional heavy duty drop saws. Will set up “moving” table we can use outdoors and keep one as a spare.
10. Ordinary Members Total 147 Associate Members Total 29
11. Remind all supervisors and committee members the correct protocol for going through the Shed Manager for corrective action – Graham is the BOSS (El Jefe Grande).
12. Document and draft Exchange program for non-WA Men’s Sheds (this is for a UK visiting member in January)
13. Reinforce two key behaviours – check the machines and their setup before use and return to original setup and clean up when done.



Shed Xmas function luncheon
Thursday December 5th at North Shore Country Club.
12.30pm – 3.30pm
All members and partners invited
Cost \$40.00 per head
To be paid by 25th November

FUND RAISERS

Farmers Markets



MOSMAN MARKETS
 Sunday 3rd November

KINGSWAY MARKETS
 Saturday 7th December

STIRLING MARKETS
 Sunday 15th December

BUNNINGS JOONDALUP
 Thursday 5th December

Sausage sizzles



The shed had an opportunity to do an extra sausage sizzle at Bunnings last Sunday 27th. It was all go and a long consistent line of hungry customers ensured a very busy day.

Pictured slaving on the hot stove is Mike Feina, Bill Leitch and Graham Duffy.

Shed Activities and Projects

One of my masterpiece sculptures "The Wind is for Everyone" will be part of the Castaways Sculpture Exhibition in Rockingham, running through from 26th October to 3rd November.

This work has been on display at JMS for a few weeks.

Regards,

Richard Hammer



The 10th National Men's Shed Gathering was held at Murray Bridge, SA. In October.

The Gathering hosted over 160 delegates from all around Australia.

Our Treasurer Brian Hill attended the gathering.

If you are interested in seeing pictures of the event log in to <https://www.facebook.com/media/set/?set=a.950858717086686&type=3>

Shed Activities and Projects

While many of you know Rick Otero, as Joondalup Men's Shed secretary, you may not know about his journey as an apprentice luthier, from getting his first guitar in 1969 to his luthier journey in Perth, Australia.

Like the Bryan Adams song, "Summer of 69", the pivotal moment was when his parents gave him his first guitar the summer of 1969, while his family was stationed at Wheelus AFB in Libya. He and 3 other Jr. High School friends went on to win their school talent competition, as recalls playing Steppenwolf's "Born to Be Wild" and "Time has Today" by the Chamber Brothers. He is a lover of all genres from heavy metal to classical music with key influences from the likes of Santana, Joe Walsh, The Eagles, AC/DC, ZZ Top, and Keith Urban.

Rick's biggest lament when he left the states was necessity and freight limitations required him to downsize and sell his two guitars – a classic Fender Mexican noiseless Stratocaster and a Martin acoustic.

Rick's journey into luthiery began when a former guitar builder's unfinished guitars were donated to Joondalup Men's Shed and Rick said to himself – maybe I can combine my love for wood with my love for guitars and perhaps build guitars for my grandson, Kai.

He chose to focus on electric guitars and specifically Stratocasters and Les Paul variants until he felt he could consistently craft at a high standard. He loved the challenges and excitement of building his first guitar, but candidly made a lot of mistakes in learning the process.



Kai Axe



Woodstock



Work in progress

Continued next page

This was especially true as his first guitar was the restoration of a 1997 Charvel with missing and unique parts that had originally been built in Japan. During the build of this guitar, he sourced parts from all over the world – pickups from Japan and the US, tuners from Melbourne, the bridge from Europe. He also wound up sanding and redoing the body three times as he learned the complexities of how to get the best finish – and ruin it quickly with incompatible paints. It took five months for that first build, which he named the Purple Demon for his love-hate relationship with it.

Before he undertook the second build – a more difficult Jackson Dinky strat rebuild, Rick decided to take several Luthier classes to learn about guitar setup, fret installation and rebuilding, and electrical setup and configuration. That second guitar took 2 months to build and was the first time he took a whack at using the “old style” nitrocellulose finish. The result was a beautiful honey yellow and black strat he dubbed Kai’s Axe.

Rick is now wrapping up his third build, as single piece body and neck Stratocaster he called “Woodstock”, both for his memories of that concert and for the solid wood construction. He is currently working on three Les Paul variants.

Rick offered this personal reflection. At the age of 69. I could have “parked”, but I decided to push myself to learn a set of new skills and leave something behind for my grandchildren. It has been a blast building these.

Rick is always on the lookout for electric guitar parts, so if you have an old electric guitar lying around that you don’t need have a chat with Rick.

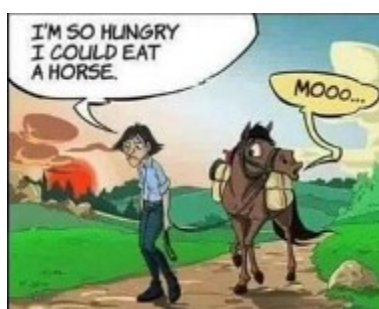
As he said, “I am still learning and perfecting, I cannot tell your how many necks I went through learning how to install frets”. He also said, I cannot overstate the personal and mental value of pursuing and path of personal growth and starting something new that require both hands-on learning and mental growth (that he says “sprained my brain”).

The Joondalup Men's Shed (JMS) is the local representative and a registered member of the West Australian Men's Shed Association.

The JMS Patron is Emily Hamilton MLA, Member for Joondalup (ALP)

**Our motto is short way of saying what JMS is all about:
"Blokcs Building Better Communities!"**

We are all about fostering better overall health and well being for all men. This has an obvious beneficial ripple effect for our members' families, the wider community and the members themselves.



September 2024 attendance statistics compiled by Ian Mc Callum

| Period | Week Start | Week End | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | | Weekly Total |
|----------------------------|------------|------------|--------|---------|-----------|----------|--------|----------|--------|-----------|--------------|
| Week 1 | 1/09/2024 | 6/09/2024 | 37 | 51 | 38 | 27 | 25 | 0 | 0 | 1 Visitor | 178 |
| Week 2 | 9/09/2024 | 15/09/2024 | 20 | 52 | 35 | 25 | 35 | 0 | 0 | 1 visitor | 167 |
| Week 3 | 16/09/2024 | 22/09/2024 | 33 | 43 | 21 | 25 | 23 | 0 | 0 | 1 visitor | 145 |
| Week 4 | 23/09/2024 | 29/09/2024 | xxxx | 47 | 50 | 26 | 28 | 0 | 0 | | 151 |
| Week 5 | 30/09/2024 | 30/09/2024 | 33 | xxxx | xxxx | xxxx | xxxx | xxxx | xxxx | 1 visitor | 33 |
| Total | | | 123 | 193 | 145 | 103 | 111 | 0 | 0 | | |
| Working days | | 20 days | | | | | | | | | |
| Weekly average | | | 30.75 | 48.25 | 36.25 | 25.75 | 27.75 | 0 | 0 | | 674 |
| Total for the Month | | 674 | | | | | | | | | |
| Men per day | | 33.75 | | | | | | | | | |

When signing the attendance register please print your name clearly.



COMPETITION FOR OUR TRUCKERS?

Caring for our fellow Members

Should you hear about any of our fellow shedders being ill, experiencing the loss of a loved one or you haven't seen them at the shed for an extended period, please inform our Welfare Officer Chris Drury. He will make enquiries and visit if necessary and keep Shedders informed.

Chris Drury: chris.drury@sumphero.com

November Birthday Celebrations



Sanny Ang
 Albert Daly
 Jim Douglas
 Pat Hadley
 Rodney Herman
 Denzil King
 Kevin Maher
 John O'Dell
 John Poustie
 Michael Robinson
 Andrew Simmons
 Richard Hammer
 Mike Lockhead
 Geoff Owen
 Phil Zillmann

Birthday greetings to you all

Welcome to new member

Jorge Domingues

Welcome to the shed Jorge,
 we hope that you enjoy the camaraderie with the members and take part in
 the activities and crafts that the Joondalup Men's Shed offers.

The total number of paid
 up ordinary members
 as at August 2024

147

The total number of paid up
 associate members
 as at August 2024

29

THE LADIES PAGE

We enjoyed a three course lunch in Connolly Recreational Centre with a Thermo Mix demonstration.

The general consensus was we wished they had been around when our kids were little !



Helen and I attended the WAWA workshop . We thoroughly enjoyed seeing internationally acclaimed Neil Turner creating items so effortlessly on the lathe .

The display of work ranging from beginners to advanced was inspirational.

We look forward to Renae Curry mentoring us one Wednesday a month . We are looking at funding for this as a future option.



Thank you to Mel for his ongoing individual pen tuition .

Happy October birthdays to
Jan Shean and Wendy Clough .

Mel Forster